



# 2018 Annual Report



## **Mission Statement**

*The mission of the Fitchburg Senior Center is to meet the diverse interests and needs of adults, aged 50 and older, by providing a range of programs, volunteer opportunities, services and advocacy that will enrich their quality of life and maintain their independence.*



## **2018 Staff**

Jill McHone, Director  
David Hill, Assistant Director  
Mandi Miller, Volunteer Program & Nutrition Site Manager  
Amy Jordan, Social Worker  
Sarah Folkers, Social Worker  
Suzie Jones, Office Assistant

40 hours  
40 hours  
40 hours  
40 hours  
32 hours  
40 hours



## **2018/2019**

### **Fitchburg Senior Center Friends**

Judy Christie - Chairperson  
Marcia Griskavich - Vice Chairperson  
Robert Hillner - Treasurer  
Judy Broad - Secretary  
Judith Hirsch  
Roger Elver  
Scotty Sheets  
Sandy Ermis

Kathy Sosnouski  
Lee Ihlenfeldt  
Sharon Trimborn  
Bill Horns  
Jack Pinkert  
Kay Phistry  
Diane Schmidt  
Bob Rottman

## **Commission on Aging Well**

Dorothy Krause, Council Rep  
Jim Sosnouski, Chair  
Ruth Domack, Vice Chair  
Alice Jenson  
Barbara Rottman  
Laura Portz  
Don Ashbaugh

## Looking Back...

Thank you to the City of Fitchburg, Dane County and the Fitchburg Senior Center Friends. With funding from all three entities we are able to help our community *Age Well & Be Well*.

A major accomplishment in 2018 was the creation of two brochures that encompass the *Age Well & Be Well* theme. The first was our marketing brochure, and the second a Legacy Fund brochure. It is our goal to continue to educate the community about the variety of programs and services at the Center, as well as offer people a credible process to support the Senior Center for years to come.

## Looking Forward...

As we move into 2019 we will continue to focus on the *Age Well & Be Well* theme. Transportation, collaborations and cultural competency will be top priorities. We will also be directing our efforts on merging our Plan for Growth goals with the Healthy Neighborhood Initiatives to ensure that we are serving our most vulnerable seniors.

Jill McHone, Director

## 2018 Program Snapshot



It was another busy year for Fitchburg Senior Center programs. As you can see by the numbers below, health & wellness topped the list, followed closely by education. What the numbers don't show is the average traffic that the Senior Center gets through the doors on a daily basis. Using hand counters, staff were able to get an average of over 185 participants coming into the Senior Center for various reasons: programs, social services, bread, meals, volunteer duties, and so much more. It's an exciting time to be part of the senior environment here in Fitchburg, with plenty more to come in 2019!

**Health & Wellness—589 participants**

**Social/Leisure— 372 participants**

**Education—519 participants**

**An average of 185 participants through our doors each day.**





## **2018 Social Work Program Report**

Social Work services include three types of contacts: Case Management (CM), Information & Assistance (I & A), and Medicaid CM. CM services are provided to seniors who need ongoing monitoring and services for an indefinite period of time in order to remain independent in their homes. I & A services are provided to seniors who are in need of one-time or sporadic information and/or assistance. Medicaid CM services are case management services provided to individuals who have Wisconsin Medicaid.

### **2018 Data**

CM – 1,593.50 hours (299 unduplicated clients)

I & A – 752.75 hours (362 unduplicated clients)

Medicaid CM – 452 hours (32 unduplicated clients)



## **Senior Nutrition Program Report:**

### **2018**

- Congregate Meals: 6,809
- Home-Delivered Meals: 7,897
- Total: 14,706 meals served



## **2018 Volunteer Program Report:**

**Total Volunteers: Just over 228**  
**Total Hours Served: 14,981**

